



Langlade County Health Department

1225 Langlade Road, Antigo, Wisconsin 54409-2795

Phone: 715-627-6250—Fax: 715-627-6391

Email: health@co.langlade.wi.us

<https://langladecountyhealthdepartment>



Mental Well Being and Suicide Prevention Coalition Agenda

March 12, 2024

Overarching Goals January 2024-December 2024

Increase awareness and access to mental health resources:

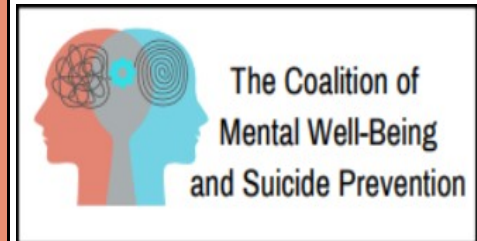
- Develop and support Behavioral Health 360 Platform, central location for seeking services, mass media campaign

Reduce stigma of mental health to build resiliency:

- Minimum of 5 community events that support mental wellbeing (school events such as Pride Night, Teen Health Fair), Music in the Park, business health fairs, etc.

Increase community knowledge and skills to support good mental health:

- Continue to support Raise Your Voice program and other school activities, offer guest speakers, internal school education (SOS, health class ed). Support other organization events.



Staff Present: Jean Turunen – LCHD, Karen Marten – LCHD, Meghan Williams – LCHD, John Zenkovich – LCHD/DSS, Kristin Hetto – LCHD, Darlaen Jansen – USDA Nurse, Shannon Smith – AVAIL, Kim Kretz – NTC (zoom), Leslie Wills – USDA Elementary Social Worker (zoom), Amanda Mohr – USDA 6-12th Social Worker, Jenna – student worker
 Staff Excused:

AGENDA ITEM	DISCUSSION	ACTION NEEDED/TIME FRAME	RESPONSIBLE PARTY
Welcome and Introductions			Jean
Review and discuss goals for 2024	<ul style="list-style-type: none"> - Discussion around “Increase awareness and access to mental health services” – change wording to “Increase awareness and maintain access to mental health resources”??? - Credible Mind was discussed and how it will help immediately with resources and assessments. 		All



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	<p>Expected to launch on March 22nd. There are over 200 topics that the website can help with, as well as community resources. The only analytics that are shared are how many users on the site – no personal information is shared.</p> <ul style="list-style-type: none"> - Increase in Spanish speaking families, provide resources in Spanish - Check SAMHSA website for 988 resources (some can be ordered in Spanish) - Karen went to Pride Night and gave out 15 gun locks 		
Review Calendar of Events	<p>Teen Health Fair at HS-April 3rd</p> <ul style="list-style-type: none"> - If you are interested in a booth, let Sheila Rine know and she will get you a booth. <p>LGBTQ Health Awareness week: 20th-24th</p> <p>Self-Care Day – AHS – April 26th</p> <ul style="list-style-type: none"> - 21 confirmed booths/entity 	Prism info – Jean got resources from Mental Health America	All



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	<p>participants. Mix of fun/serious activities. All students will be trained on Green Bandana through NAMI. Fundraiser/silent auction baskets will be utilized.</p> <p>NAMI – Raise Your Voice Walk – Merrill – April 28th</p> <p>April is Sexual Assault Awareness Month – Child Abuse Awareness – potential poster contest at elementary level; jeans hung around town.</p> <p>May is Mental Health Awareness Month: ideas:</p> <p>-Art on business windows downtown, QR code on walking trail, breakfast club LCHD & AVAIL, Senior Center-LCHD, RYV students having announcements in school, sharing resource booklet to businesses and around community.</p>		
Raise Your Voice Update	5 of the Raise Your Voice youth,		Amanda



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	<p>Amanda, and Jenna traveled to Madison and students got training on how to speak with senators and legislation. They met with the assistants to the senator and representatives and shared their personal stories. RYV is presenting to the school board about what they've accomplished so far this year. There are currently 8 RYV students.</p>		
Round Robin	<p>Karen – think of ideas on how to reach the most vulnerable populations for suicide – Men, Veterans, 65+. Shannon suggested focusing on the Elk's club since that's where some of the population frequents. Amanda suggested working with the Bow Club.</p> <p>Potential booths/signs at the Fair, and the Off-Road Races this summer for Credible Minds/988.</p>		
Reminders: Seeking new Chair	Let Jean know- thanks!		



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Next Meeting: May 7 th , 2024			